









\*Menu subject to change due to supply chain issues

Goshen Dining Hall <b>VEGETARIAN</b>  Menu (Ross & Olmsted)							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>		<b>Scrambled Eggs</b>  Hash Browns Veggie sausage Milk/Juice Fresh Fruit Cold Cereal	<b>French Toast</b> w/syrup  Yogurt Milk/Juice Fresh Fruit Cold Cereal	<b>Scrambled Eggs</b>  Hash Browns Veggie Sausage Yogurt Milk/Juice Fresh Fruit Cold Cereal	<b>Breakfast Sandwich</b>  Veggie sausage Yogurt Milk/Juice Fresh Fruit Cold Cereal	<b>French Toast</b> w/ syrup  Yogurt Milk/Juice Fresh Fruit Cold Cereal	<b>Continental Breakfast</b>  5:30 am to 6:30 am
<b>Lunch</b>		<b><u>Open Lunch</u></b>  <b>Grilled Cheese</b> Chips	<b><u>Open Lunch</u></b>  <b>Chick'n (soy)</b>  on a Kaiser Roll Lettuce, Tomato Chips	<b><u>Open Lunch</u></b>  <b>Veggie Wrap</b>  Flour Tortilla, Lettuce, Tomato, peppers Chips	<b><u>Open Lunch</u></b> <b>Meatless</b> <b>Meatball Sub</b>  Soy meatballs Marinara sauce Mozzarella cheese  Chips	<b><u>Open Lunch</u></b>  <b>Cheese Quesadilla</b>  Sours cream salsa Chips	
<b>Dinner</b>	<b>Beyond Burger</b>  Veggie Patty Potato Wedges Coleslaw  Dessert	<b>Taco Night</b>  Soy meat Crumbles Salsa Cheese Sour Cream Lettuce, Rice, Corn Hard/Soft Tacos  Dessert	<b><u>Foil Dinner Night</u></b>  Veggie Patty Assorted Veggies Red Potatoes  Dessert	<b>Pasta Night</b>  Soy meat Crumbles penne pasta Garlic Bread Salad  Dessert	<b>Chick'n (Tofu) Steaks</b>  Mashed Potatoes Green Beans Rolls  Dessert	<b>Chick'n Tenders</b>   Mac and Cheese Mixed Veggies Salad  Dessert	

Updated 05/05/2025

Coffee, Oatmeal, Fruit, Bread, Sunflower Butter, and Jelly available at all meals by request.

 **Vegetarians:** Hummus w/ carrots available at all meals by request