

\*Menu subject to change due to supply chain and availability

## Goshen Dining Hall Menu (Ross & Olmsted)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>		<b>Scrambled Eggs</b> Hash Browns Turkey Sausage Links Milk / Juice Fresh Fruit Cereal	<b>French Toast</b> w/syrup Bacon Yogurt Milk / Juice Fresh Fruit Cereal	<b>Scrambled Eggs</b> Hash Browns Turkey Sausage Links Yogurt Milk / Juice Fresh Fruit Cereal	<b>Sausage Biscuit</b> Biscuit Pork Sausage Patty Eggs Yogurt Milk / Juice Fresh Fruit Cereal	<b>French Toast</b> w/ syrup Bacon Yogurt Milk / Juice Fresh Fruit Cereal	<b>Continental Breakfast</b> Danishes Yogurt Milk / Juice Whole Fruit Cereal  5:30 am to 6:30 am
<b>Lunch</b>		<u><b>Open Lunch</b></u>  <b>Turkey</b> on a Kaiser Roll Lettuce, Tomato, Cheese Chips	<u><b>Open Lunch</b></u>  <b>Ham</b> on a Kaiser Roll Lettuce, Tomato, Cheese Chips	<u><b>Open Lunch</b></u>  <b>Roast Beef</b> on a Kaiser Roll Lettuce, Tomato, Cheese Chips	<u><b>Open Lunch</b></u>  <b>Meatball Subs</b>  on a Sub Roll Cheese Chips	<u><b>Open Lunch</b></u>  <b>Turkey</b> on a Kaiser Roll Lettuce, Tomato, Cheese Chips	
<b>Dinner</b>	<b>BBQ</b>  Pulled Chicken Coleslaw Potato Wedges Salad Bar  Dessert	<b>Taco Night</b>  Ground Beef Tacos Salsa, Cheese, Sour Cream, Lettuce, Beans, Corn Hard/Soft Tacos Salad Bar  Dessert	<u><b>Foil Dinner Night</b></u>  <b>Turkey Kielbasa (5oz)</b> Green Peppers Onions Red Potatoes  Dessert	<b>Pasta with Meat Sauce</b>  Meatsauce Penne Pasta Garlic Bread Salad Bar  Dessert	<b>Roast Beef Dinner</b>  Roast Beef Mashed Potatoes Green Beans Bread Rolls Salad Bar  Dessert	<b>Chicken Tenders</b>  Mac and Cheese Steamed Veggies Salad Bar  Dessert	

Updated 05/05/2025

**Coffee, Oatmeal, Fruit, Bread, Sunflower Butter, and Jelly available at all meals by request.**

NOTE: Please report dietary restrictions and allergies as part of your summer camp registration.