Goshen Dining Hall VEGETARIAN Y Menu (Ross & Olmsted)							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	G	Scrambled Eggs Biscuit Veggie sausage Patty Hash Browns Milk / Juice Fresh Fruit Cereal	French Toast w/syrup Veggie Sausage Patty Yogurt Milk / Juice Fresh Fruit Cereal	Scrambled Eggs Veggie Sausage Patty Hash Browns Yogurt Milk / Juice Fresh Fruit Cereal	Breakfast Sandwich Biscuit Veggie Sausage Patty Cheese Yogurt Milk / Juice Fresh Fruit Cereal	French Toast w/ syrup Veggie Sausage Patty Yogurt Milk / Juice Fresh Fruit Cereal	Continental Breakfast Danishes Yogurt Milk / Juice Whole Fruit Cereal 5:30 am to 6:30 am
Lunch		Open Lunch Veggie Wrap Flour Tortilla Peppers, Lettuce, Tomato, Carrots, Cheese Chips	<u>Open Lunch</u> Pasta Salad w/ Naan Chips	<u>Open Lunch</u> Grilled Cheese Grilled Cheese Sandwich Chips	Open Lunch Caprese on Wrap mozzarella, Basil Tomato, Pickle Chips	<u>Open Lunch</u> Chick'n Ŷ Wrap Flour Tortilla, Lettuce, Tomato, Cheese Chips	
Dinner	BBQ Veggie Burger Baked Beans Coleslaw Potato Wedges Salad Bar Dessert	Taco Night Soy meat Crumbles Salsa, Cheese, Sour Cream, Lettuce, Corn, Hard/Soft Tacos Salad Bar Dessert	Foil Dinner Night Veggie Patty (5oz) Green Peppers Onions Red Potatoes Salad Bar Dessert	Pasta Night Soy meat Crumbles penne pasta Garlic Bread Salad Bar Dessert	Chick'n Y Lo Mein Veggie Eggroll Chick'n Y Broccoli Lo Mein Noodles Salad Bar Dessert	Chick'n Tenders ⋎ Mac and Cheese Steamed Veggies Salad Bar Dessert	ß

Updated 02/07/2024

Coffee, Oatmeal, Fruit, Bread, Sunflower Butter, Jelly, and Hummus w/carrots will be available at all meals by request. NOTE: Please report dietary restrictions and allergies as part of your summer camp registration.