GSR PRE-CAMP SWIM CHECKS

Summer 2023

Units are now allowed to complete swim checks on their own ahead of camp and bring verification of this to camps at Goshen Scout Reservation. This will allow you to have a more relaxed pace for campsite set-up when you arrive on Sunday and it allows us to relieve congestion at our waterfront for units that are unable to complete their swim checks ahead of time. This is by no means mandatory, but strongly encouraged.
Please note that swim checks are not mandatory for all participants at camp, they are only mandatory for those who are:

- Taking Aquatics Merit Badges/Trainings
- Planning to attend Open Boating or Open Swim
- Planning to participate in the Mile Swim

The following two pages are our policy for how these swim checks must be completed and the Pre-Camp Swim Check Form.

Pre-Camp Swim Checks are accepted at:
- Camp Bowman
- Camp Marriott
- Camp Olmsted
- Lenhok'sin High Adventure

Campers at Webelos Camps (Ross and PMI) will complete their voluntary swim checks as part of their first Aquatics program session.

PRE-CAMP SWIM CHECK INSTRUCTIONS

The swimmer classification for individuals participating in a BSA aquatics activity is a key element in both Safe Swim Defense and Safety Afloat. The swim test needs to be renewed annually at the beginning of each summer season. Traditionally, swim classification tests have only been conducted upon arrival at summer camp. However, there is no restriction that this be the only place the test is conducted. Completing the check prior to camp will allow scouts and leaders more time on Sunday to acclimate themselves to camp. If a scout is enrolling in an aquatics merit badge, they must pass the swim check before the commencement of the merit badge class. Additionally, anyone (Scout or Leader) who wishes to participate in most aquatic activities must take the swim check.

Special Note: Although swim tests may be conducted prior to summer camp, the aquatics director is expected to review or retest any Scout or Leader whose skills appear to be inconsistent with his or her classification.

Pre-Camp Swim Checks can be conducted by the following certified instructors:
BSA Aquatics Instructor, BSA Lifeguard Counselor, BSA Lifeguard, Red Cross Lifeguard, Water Safety Instructor. All certifications must be current/valid and a copy must be attached to the Pre-Camp Swim Check Form.

Swimmer Classifications

"Swimmer" Level Test
Jump feet first into water over the head in depth, level off and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating.

"Beginner" Level Test
Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.

"Non-Swimmer" Level
Chooses not to take the swim test or cannot pass the beginner test. Reasons for not passing the test can include: Diving in head-first, resting in the middle of the test, underwater swimming, treading water and not maintaining a forward motion, "dog-paddling".

2023 PRE-CAMP SWIM CHECK FORM, GOSHEN SCOUT RESERVATION

I, the BSA Swim Test Administrator, sign below certifying that the following Scouts and Scouters have been administered the BSA Swim Test. I also certify that all Scouts and Scouters have been classified according to the BSA Swim Test standards.

Administrator Name:	**Administrator Signature:**
Location of Test:	**Certification and Expiration Date:**
Date of Test:	**Approximate Water Temp & Weather:**

Approved Test Administrators must be currently certified as one of the following: BSA Aquatic Instructor, BSA Lifeguard Counsellor, BSA Lifeguard, Red Cross Lifeguard or Water Safety Instructor.
(Attach a copy of the administrator's certification to this form.)

Unit #_____   Camp & Week _____   To be filled out by Camp Staff: **Site #_____**

Name	Age	Swim Classification
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

(Attach additional forms as required for the unit)
The above listed Scouts and Scouters have been administered the BSA swim test according to the BSA swim test standards. I am confident in their swim classifications as assigned by the test administrator and sign my name certifying the swim test.

UNIT LEADER NAME:_____ Signature:_____ Date:_____