



LEARN MORE!

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A Goshen Scout Reservation Camp



**LENHOKSIN HIGH
ADVENTURE**

SUMMER 2023



HIT THE TRAIL!

Lenhok'sin High Adventure is a trek camp in the Blue Ridge Mountains near Goshen, VA, and offers challenging week-long backpacking and canoeing treks!

WHO CAN GO?

Youth participants must be 13 years of age by September 1, 2023.

CAMP COST

Fees are \$485 per youth and \$265 per adult.

Save \$30 per person if you pay by April 14, 2023. Also, two adults per unit are free!

2023 SUMMER SCHEDULE

Week 1: June 25 – July 1
Week 2: June 2 - July 8
Week 3: July 9 - July 15
Week 4: July 16 - July 22
Week 5: July 23 - July 29

LENHOK'SIN TRAIL TREK

Choose from a selection of outposts and scenic views to create your very own trek. Spend four nights on the trail and have a chance to earn awards, including the challenging Moore Five Peaks Award.

JAMES RIVER CANOE TREK

Looking for something with more water? Paddle 61 miles of the historic Upper James River while you experience over 120 Class I and II rapids and the infamous Balcony Falls.

LENHOK'SIN TRAIL OUTPOSTS

Take on adventure, travel through time, and experience the backcountry of western Virginia.

Explore the past and learn frontier skills at our historical outposts. Visit the 1910s Appalachian blacksmithing forge at **Foxfire** and make your own steel creation. Shoot black powder rifles and barter at the 1830s **Mountain Man** encampment. Shoot archery and throw daggers at the **Wood's Edge** 9th century homestead.

Navigate Lake Merriweather in kayaks and stand-up paddle boards at **Aquatics**, and test your wilderness first aid skills at **Search and Rescue**. Soar through the air and grow as a team at the **COPE** Course. Go **Caving** in a natural limestone cave and explore new depths.

Can't get enough wilderness? Do one or more **Primitive** nights and see how far you can explore! Will you get to all five peaks?

