

# Camp Olmsted 2023

## Leader's Guide

Goshen Scout Reservation



**Prepared. For Life.®**



## A Note from your Camp Director:

Hello and thank you for choosing beautiful Camp Olmsted at Goshen Scout Reservation for your unit's 2023 summer camp experience! Your unit's week at Olmsted will surely create lasting memories for your scouts and adult leaders alike.

In the following pages you will find all the information needed to prepare your youth members and adult leaders to enjoy a successful week at Camp Olmsted and Goshen Scout Reservation, the summer home of over a thousand scouts and leaders. Whether you are an experienced Scouter or a parent helping your scout pack their bags, this guide will serve as your first reference tool and help you along the way.

Although this guide has been written to provide answers to an extensive list of potential questions that may arise about your upcoming week at Camp Olmsted, it may not necessarily satisfy all of them. You will find it helpful to also consult the Goshen Leader's Guide and other resources available for download on our website. If you have any questions you cannot find the answer to, please feel free to reach out to us; our staff and I will be sure to answer any and all questions.

If you need to contact us, the best way is via email. Our email address is [Camp.Olmsted@gotogoshen.org](mailto:Camp.Olmsted@gotogoshen.org).

Olmsted's key staff members and I will spend the coming months hiring an amazing staff and preparing for another wonderful summer. Our program, facilities, and staff will be ready to deliver on our promise to provide the best possible summer camp experience. Your leadership, coupled with our unique staff and engaging program, creates an environment ripe for accomplishing our mutual goal of enriching the next generation of young leaders. At Camp Olmsted, we believe that the foundation a Scout builds at summer camp will yield returns far into their life; and I would like to thank you for your efforts in assisting us with our mission.

We can't wait to see you at camp!

Yours in Scouting,

*Liam Glass*

Camp Olmsted Camp Director  
Goshen Scout Reservation

## Pre-Camp Planning

### Camp Sites

All the campsites at Camp Olmsted are organized into what are called “troop sites”. Each troop site is conveniently located near a latrine. Within each of these sites are two or more “patrol sites” or “sub-sites.” In order for your unit to properly plan, the patrol and sub- sites at Olmsted are generally set up for 8-scout patrols. Since many units do not come with evenly distributed 8 scout patrols, sites will be set up as close to that as possible. **Be advised that smaller units may share a troop site with another unit, but there will be suitable space to allow for privacy within a unit.**

### Leader Site Equipment

Adult areas are separate from youth areas. Adults may be required to share tents with other adults of the same gender. The unit leader area in each troop site will consist of at least two tents for adult Leaders **(If leaders are not comfortable sharing a tent with another leader, they may provide their own tent and set it up within the site. Goshen Scout Reservation does not possess the resources to allow each leader to have their own tent).**

### Parent Meetings

In the spring, it is a good idea to have a meeting with the parents of the scouts who are going to camp. This allows you to review the camp program, camp physical examination requirements, transportation arrangements, uniform requirements, and what each scout needs to bring. Many unit leaders put together guides tailored to their unit’s particular requirements based upon information contained in this guide and materials found on the council website.

### E-Check-In

Prior to your unit’s arrival, please double check on our BlackPug registration system that your numbers are correct, and everyone is registered. We will also need any dietary restrictions and your site preference to adequately prepare for your unit. The registration contact will receive an email a week before camp from the Camp Director to remind your unit to update your online registration and any last-minute changes to your scouts’ activity schedules.

## General Information

### Sunday Arrival and Check-In

When you arrive at beautiful Camp Olmsted, your unit will be introduced to your site guide in the Parking Lot. Your site guide will take your unit to your site. The Troop will drop off gear and then head to medical checks with medical forms, wearing swimsuits for the swim check at Aquatics. Adults will receive an adult wristband at med checks, and each participant will receive a buddy tag to bring to Aquatics. If an adult is coming to camp mid-week they need to report to the Admin building. There, they will check in and receive an adult wristband. Please see the following schedule for complete details of your Sunday arrival.

Time	Event	Location	Notes
10:30-11:00am	Confirm Arrival Time	In transit	Call or text Olmsted Admin phone (Number will be available 1 week before camp)
12:00-1:00pm	Arrival at Olmsted	Parking Lot	Site guides will greet you at the entrance, they will introduce your unit to the camp and escort the unit leader to Admin for check-in
12:30-5:30pm	Camp Tour		Site guides will give you the walk you through the layout of the Camp Olmsted campus
	Medical Checks	Handicraft / Trailshead	Times and locations assigned based upon your arrival time
	Swim Checks (optional)	Aquatics	Times assigned based upon your arrival time
6:00pm	Flags & Dinner	Parade Field & Dining Hall	
7:15pm	Leader's Meeting	Parade Field	Send at least one adult leader per unit
8:45pm	Opening Campfire	Meet at admin field	Be entertained by skits and songs performed by the staff. Bring a flashlight
10:30pm	Reservation Quiet Hours	In Campsites	Lights out and quiet for all campers

## Departure Procedures

Troops must leave by 8:00am on Saturday morning. Once your unit is ready to depart you must send an adult to Admin to retrieve your medical forms. On Saturday morning there will be a continental breakfast offered from 6:30 to 8:00am. If your unit would like to leave early, please talk to a member of the admin team about accommodations.

## Early Departures/Late Arrivals

Anyone—**youth or adult**—leaving Camp Olmsted must check out at the camp office and check in again upon return. Youth are not permitted to leave without direct adult or staff supervision. The camp sign in/out book must be signed. A youth is not to leave for home without their leader first clearing it with the Camp Director and the youth's parents. **Anyone arriving after the opening day of camp should proceed directly to the administration building to check in.**

## Program Offerings

### Schedules

You will find schedules for our complete merit badge offerings, our TrailsHead program, and a supplemental schedule available as separate downloads on our website.

### TrailsHead

The TrailsHead program at Camp Olmsted is a well rounded experience for new scouts to enjoy. The TrailsHead program is designed for scouts who have recently registered and have an interest in working on Scout, Tenderfoot, Second Class, and First Class advancement requirements. TrailsHead is an all day, comprehensive program that will allow scouts to earn up to three merit badges and progress through their rank advancements.

TrailsHead's morning program consists of merit badge time. TrailsHead scouts get the opportunity to take Swimming and two other merit badges of their choice. They should be prepared to write with pen and paper, walk on uneven terrain, and participate in aquatic activities.

An afternoon at TrailsHead involves scouts learning skills to satisfy their advancement requirements. Some of the skills learned are first aid, knots, lashings, and orienteering. The scouts will practice all of these skills in the program, but per Scouts BSA advancement rules, it is at the discretion of the troop leadership to officially certify successful completion of rank advancement requirements.

On Thursday nights, the TrailsHead staff will host an overnighiter with a campfire and s'mores. Scouts will get to sleep under the beautiful Camp Olmsted stars (weather permitting). Other nights, scouts will have time available to themselves to enjoy the other areas of camp at their own discretion.

## **Food Service**

### **Special Dietary Needs**

Special dietary needs must be shared with camp leadership prior to arriving at camp. We will do our best to accommodate most food allergies but cannot be held accountable for the management of these allergies. Notice of severe allergies that require special food items must be provided at least 3 weeks prior to your scout's arrival at Camp. Parents of scouts with special diets should notify the Council office before registering for Camp in order to discuss available food options. We are able to store food for you in our refrigerator or dry storage area if requested. Equipment such as microwaves and stoves will be available for reheating in our kitchen.

### **Table Assignments**

Tables will be assigned to units at the first meal. It is important that all units visit the Dining Hall on their camp tour to understand how meals are administered.

### **Open Lunch**

Camp Olmsted is unique in that Lunch is not a formal meal in our Dining Hall. Meals will be prepared and packaged for your unit to pick up. Troops may choose to eat in the Dining Hall or wherever they would like in camp. We simply ask that you clean up after yourselves and that you return the crates that the food came in back to the Dining Hall.

### **Aluminum Foil Cooking**

One evening in camp, all leaders and scouts will be given the ingredients for a foil dinner to cook in their sites. Wood for this meal should be collected early by the unit and kept dry. Many units bring additional charcoal to make cooking easier. Scouts arrive at the Dining Hall after afternoon program to pick up their food. Early in the week, time will be devoted to learning how to manage this meal. At the discretion of your unit, camp staffers may be invited to this meal. These invitations must be made at least 24 hours in advance so that extra portions for the guests can be added to your food pick-up. In anticipation of this event, please bring the following:

- Gloves, tongs, etc., to handle the hot aluminum foil packages
- Two to three paring knives to help prepare vegetables
- Any spices you think you may need such as salt, pepper, and special flavorings.

- Heavy Duty Aluminum foil (foil is provided for the meal; some units prefer more). For more details, see The Official Scout Handbook concerning preparation of aluminum foil meals. Give it a try on a campout before you come to camp!

## **Safe Food Handling**

Adult leaders are asked to pay close attention to the thoroughness of food preparation and cleanup. The health of your campers and the entire camp is dependent upon the supervision given by unit leadership in this most important area of camp living. Please remember that all meat must reach 165 degrees at the center to be considered fully cooked. Food handlers must wash their hands prior to starting any meals. Training on safe food handling practices will be provided to all upon arrival in camp.

## **Emergency Procedures**

### **Sign In and Out**

*Applicable to all personnel in camp (i.e. leaders, visitors, scouts, staff).* Camp Olmsted needs to know where all scouts, leaders, and staff are at all times in case of emergencies. A sign out log for scouts and leaders is located in the First Aid office in the Admin building. Any scout and/or leader joining their unit late in the week, departing early, or leaving Camp Olmsted is mandated to sign out.

### **Intruder**

*Anyone and everyone* over the age or over the age of 18 years old will be given a wrist band to be worn on your wrist at all time while at Goshen Scout Reservation, as this procedure is Reservation-wide. If your wristband is lost or broken, you must come to Admin for a replacement immediately. If any adult is without a wristband, please notify the closest staff member immediately.

### **Hazardous Weather**

Camp Olmsted is fortunate to have many facilities that can protect participants and staff during times of hazardous weather. In times of hazardous weather if you ever feel uncomfortable, our emergency shelters are always open for you to take shelter. When hazardous weather is approaching our Superintendent will inform us to activate our Emergency Action Plan (EAP) and the following procedures will be taken:

<p><b>Staff</b></p> <ol style="list-style-type: none"> <li>1. Radio call to inform staff to shut down program areas and report to Admin. <ol style="list-style-type: none"> <li>a. Aquatics will inform Scoutcraft &amp; Culture Craft</li> <li>b. Shooting Sports will inform TrailsHead, Ecology, &amp; Handicraft</li> </ol> </li> <li>2. Staff informed on whether or not they need to inform unit to report to safe location</li> <li>3. Once cleared, program will resume</li> </ol>	<p><b>Scouts and Leaders</b></p> <ol style="list-style-type: none"> <li>1. In the event of a Hazardous Weather Event, all Program Areas will close, and scouts/leaders will report to their campsites.</li> <li>2. In the Event that sheltering is necessary, a siren will sound, and all scouts/leaders will immediately report to the Dining Hall.</li> <li>3. In the event that the Dining Hall cannot be safely reached, Units will report to the nearest designated Shelter Location.... <ol style="list-style-type: none"> <li>a. <b>Sites 1-4:</b> QM/Trading Post</li> <li>b. <b>Sites 5-17:</b> Dining Hall</li> <li>c. <b>Sites 18-20:</b> Tech Center/Admin</li> </ol> </li> <li>4. Once hazardous weather has cleared, regularly scheduled activities will resume.</li> </ol>
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### Lost Bather Drill (Aquatics Emergency)

In the event that there are more buddy tags on our buddy board than there are participants in the aquatics area, or there is other reason to believe that there is a life-threatening emergency, a Lost Bather Drill (LBD) EAP will be activated. The following procedures will be taken:

<p><b>Staff</b></p> <ol style="list-style-type: none"> <li>1. A siren and air horn will sound (air horn will sound 3 times).</li> <li>2. All camp staff are to report to the waterfront and await instructions from the Aquatics Director.</li> <li>3. Search procedures are followed until the conclusion of the response.</li> <li>4. The 'All Clear' is indicated by a second siren and a long air horn blast.</li> </ol>	<p><b>Scouts and Leaders</b></p> <ol style="list-style-type: none"> <li>1. All program areas close when siren and air horn sound.</li> <li>2. All scouts and leaders must immediately report to their camp site.</li> <li>3. Once all scouts and leaders are accounted for by unit leadership, each unit will send two runners to admin and tell the staff members that all scouts and leaders are present and accounted for.</li> <li>4. The 'All Clear' is indicated by a second siren and a long air horn blast.</li> </ol>
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### Inclusivity Statement

It is the vision of the BSA to partner with all families and communities in raising young people of high moral character, developing their leadership skills, and preparing them to serve and thrive in a world of increasing complexity and challenge. As a Scouts BSA camp, Camp Olmsted is committed to the inclusion and recognition of all peoples regardless of race, age, culture, ability, ethnicity or nationality, gender identity and expression, sexual orientation, marital status, religious affiliation, and socioeconomic status.