


## Goshen Scout Reservation Heater Stack Menu (Marriott)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Bacon &amp; Eggs</b> Bacon Scrambled Eggs Bread Cold Cereal Milk/Juice	<b>Sausage &amp; Eggs</b> Sausage Scrambled Eggs Hash Browns Yogurt Cold Cereal Milk/Juice	<b>French Toast</b> French Toast w/syrup Bacon Cold Cereal Milk/Juice	<b>Sausage and Eggs</b> Scrambled Eggs Sausage Hash Browns Yogurt Cold Cereal Milk/Juice	<b>Bacon &amp; Cheese Omelet</b> Bacon & Cheese Omelet Bread Cold Cereal Milk/Juice	<b>Pancakes</b> Pancakes Sausage Yogurt Cold Cereal Milk/Juice	<b>Continental Breakfast</b>  5:30 am to 6:30 am
<b>Lunch</b>	<b>Turkey Sub</b> Turkey (4oz) & Cheese (2 slices) on a Kaiser Roll (1) Lettuce (1) Tomato (1) Chips	<b>Roast Beef Sandwich</b> Roast Beef & Cheese on a Kaiser Roll (1) Lettuce (1) Tomato (1) Chips Capri Sun (1)	<b>Ham &amp; Cheese Sandwich</b> Ham (3oz) & Cheese (2 slices) on a Kaiser Roll (1) Lettuce (1) Tomato (1) Chips	<b>Turkey Sub</b> Turkey (4oz) & Cheese (2 slices) on a Kaiser Roll (1) Lettuce (1) Tomato (1) Chips Capri Sun (1)	<b>Italian Sandwich</b> Salami (2oz), Ham (2oz) & Cheese (2) on a Kaiser Roll (1) Lettuce (1) Chips	<b>Ham &amp; Cheese Sandwich</b> Ham (3oz) & Cheese (2 slices) on a Kaiser Roll (1) Lettuce (1) Tomato (1) Chips Capri Sun (1)	
<b>Dinner</b>	<b>Taco Night</b> Beef Tacos Lettuce/ Salsa/ Sour Cream/ Cheese/ Beans Hard/Soft Tacos Dessert	<b>Chicken Tenders</b> Mixed Vegetables Mac and Cheese Salad w/Dressing Dessert	<b>Ham Steak</b> Roasted Potatoes Green Beans Salad w/Dressing Dessert	<b>Pasta w/Meat Sauce</b> Garlic Bread Salad w/Dressing Dessert	<b>Roast Beef</b> Potatoes Green Beans Rolls w/Butter Salad w/Dressing Dessert	<b>Foil Dinner Night</b> Kielbasas Onion Baked Potato Green Pepper Chocolate Pudding	<b>Hot Dogs (2)</b> Baked Beans Chips Bug Juice Dessert

--Menu Subject to change—Revised 5/14/2018

Milk, Fruit, Peanut Butter and Jelly available at all meals by request. Juice mix handed out at lunch, save some for dinner!