

# Goshen Scout Reservation Patrol Cooking Menu (Bowman & Marriott)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Bacon &amp; Eggs</b> Bacon (3) Scrambled Eggs (2 eggs) Hash Browns (4oz) Bread (2 slices) Butter (2) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>Ham &amp; Eggs</b> Ham (3oz) Eggs (2) Hash Browns (4oz) Bread (2 slices) Yogurt (1) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>French Toast</b> French Toast (2 eggs + Cinnamon) Syrup (1) Bacon (3 slices) Butter (2) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>Sausage &amp; Eggs</b> Turkey Sausage (3) Eggs (2) Hash Browns (4oz) Bread (2 slices) Butter (2) Yogurt (1) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>Ham &amp; Cheese Omelet</b> Ham (3oz) Omelet (2 eggs) Cheese (2 slices) Hash Browns (4oz) Bread (2 slices) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>Pancakes</b> Pancakes (3) Syrup (1) Sausage (3) Butter (2) Fruit Cereal (3oz) Milk (1) – Juice (1)	<b>Continental Breakfast</b> Served 5:30 am to 6:30 am At the Commissary
<b>Lunch</b>	<b>Turkey Sub</b> Turkey (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1)	<b>Roast Beef Sandwich</b> Roast Beef (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1)	<b>Meatball Subs</b> Meatball Sub (Meatballs, Sauce, Cheese) Fruit Roll Up (1)	<b>Italian Sandwich</b> Salami (2oz) Ham (2oz) Cheese (2) Lettuce (1) Kaiser Roll (1) Cheese Crackers (1)	<b>Turkey Sub</b> Turkey (3oz) Cheese (2 slices) Lettuce, Tomato Kaiser Roll (1) Chips (1)	<b>Ham &amp; Cheese Sandwich</b> Ham (3oz) Cheese (2) Kaiser Roll (1) Fruit Roll Up (1) Cheese Crackers (1)	
<b>Dinner</b>	<b>Tacos</b> Tacos (2) (Ground Beef, Seasoning, Hard & Soft Taco Shells), Lettuce, Tomatoes, Cheese, Salsa Beans, Rice Pound Cake	<b>Chicken Tenders</b> Chicken Tenders Red Potatoes Dinner Roll (2) w/Butter BBQ / hot sauce Salad w/Dressing Apples (4oz) & cake mix for cobbler	<b>Fried Ham</b> Macaroni Cheese Ham Steak (5oz) Roll w/Butter (1) Salad w/Dressing Chocolate Pudding (1)	<b>Spaghetti w/ Meatballs</b> Spaghetti (1/4lb) Meatballs (5) Sauce (4oz) Garlic Bread Salad w/Dressing Cookies (2)	<b>Roast Beef Dinner</b> Roast Beef (5oz) Red Potatoes (1) Carrots Rolls w/Butter (2) Salad w/Dressing Pound Cake (1)	<b>Foil Dinner Night</b> Kielbasas (5oz) Onion Green Pepper Red Potatoes Rolls w/ Butter (2) Apple Pie	<b>Hot Dogs BUFFET MEAL</b> Hot Dogs (2) Baked Beans Chips Watermelon Bug Juice

--Menu Subject to change-- Revised 12/7/2017

Milk, Fruit, Peanut Butter and Jelly available at all meals by request. Juice mix served at lunch, save some for dinner!