

ABOUT LENHOK'SIN

Lenhok'sin High Adventure is a trek camp in the Blue Ridge Mountains near Goshen, VA. We offer two types of high adventure opportunities—backpacking with adventure activities and river canoeing.

Youth participants must be 13 years of age by September 1, 2018.

Fees are \$400 per youth and \$265 per adult, due by 5/18/18.

Save \$40 per person if you pay by 4/13/18.

Also, two adults per unit are free!

Can't make it with your Crew? Attend on your own as part of a provisional crew sponsored by NCAC's High Adventure Committee. Contact Tom Wheatley at tmwheatley1981@gmail.com.



2018 SUMMER SCHEDULE

Week 1: June 24—June 30

Week 2: July 1—July 7

Week 3: July 8—July 14

Week 4: July 15—July 21

Week 5: July 22—July 28



Hit the Trail!

www.gotogoshen.org



lenhoksin@gmail.com

www.facebook.com/lenhoksin

[@lenhoksin_high_adventure](https://www.instagram.com/lenhoksin_high_adventure)

**LENHOK'SIN HIGH
ADVENTURE**
SUMMER 2018

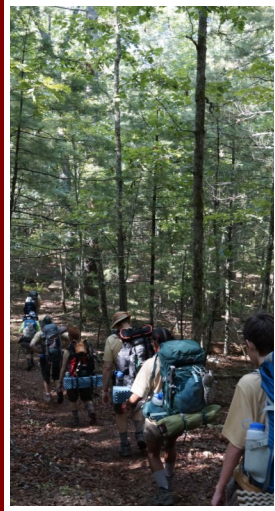
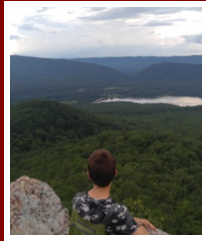


A Goshen Scout Reservation Camp

LENHOK'SIN

TRAIL TREK

Choose from a selection of outposts and scenic views to create your very own trek. Spend four nights on the trail and have a chance to earn awards, including the challenging Moore Five Peaks Award.



JAMES RIVER CANOE TREK

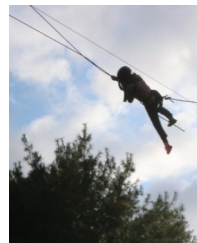
Looking for something with more water? Paddle 61 miles of the historic Upper James River while you experience Class I and II rapids and the infamous Balcony Falls.



LENHOK'SIN TRAIL OUTPOSTS

Take on adventure, travel through time, and experience the wilderness and more with all we have to offer.

Can't get enough wilderness? Do one or more **Primitive** nights and see how far you can explore! Will you get to all five peaks?



Take to the water with kayaks and Stand-Up Paddleboards at **Paddle Sports** and go downhill on bikes and boards at **Mountain Sports**. Get vertical with **Rock Climbing** on natural faces. Soar through the sky with the **COPE High Elements** at Goshen's COPE Course and then go **Caving** and check out a "very cool" place underground.

Explore the past with our historical outposts. Visit the Appalachian forge at **Foxfire**, step into legend to join **Robin Hood's** Merry Men, and shoot black powder rifles and barter with the **Mountain Man**.