

SUMMER **2017**



ABOUT

Lenhok'sin High Adventure is a trek camp in the Blue Ridge Mountains near Goshen, VA. We offer two types of high adventure opportunities—backpacking with adventure activities and river canoeing.

Youth participants must be 13 years of age by September 1, 2017.

Fees are \$400 per youth and \$265 per adult, due by 5/19/17.

Save \$40 per person if you pay by 4/14/17. Also, two adults per unit are free!

2017 Summer Schedule

Week 1: June 18—June 24 Week 2: June 25—July 1 Week 3: July 2—July 8 Week 4: July 9—July 15 Week 5: July 16—July 22

Visit our website and sign up today!





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www.facebook.com/lenhoksin www.instagram.com/ lenhoksin_high_adventure







TREKS

Lenhok'sin Trail Trek

Choose from a selection of outposts and scenic views to create your very own trek. Spend four nights on the trail and have a chance to earn awards, including the challenging Moore Five Peaks Award.



James River Canoe Trek

Looking for something with more water? Paddle 61 miles of the historic **Upper James River** while you experience Class I and II rapids and the infamous Balcony Falls.

OUTPOSTS

Get adventurous by going Caving, going downhill on bikes and boards at Mountain Sports, taking to the water with kayaks and Stand-up Paddleboards at Paddle Sports, and Rock Climbing on natural faces.









Challenge yourself and your crew with the COPE High **Elements** at Goshen's COPE Course.



Travel through time to visit the forge at Foxfire, shoot black powder rifles and barter with the Mountain Man, and join Robin Hood's Merry Men!







Can't get enough wilderness? Do one or more Primitive nights and see how far you can explore! Will you get to all five peaks?



