



2017

Leaders Guide

Ross



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November 2016

A note from your Camp Director:

Ross

Hello Future Camp Ross Campers!

We are very excited to have you down to Camp Ross this upcoming summer and hope you are just as excited to visit. This booklet will provide information that will help to insure you arrive at camp prepared and ready to have an absolutely awesome week with us!

Please read through the information here and let us know if you have any questions at all! Keep in mind that our program is constantly changing and shaping itself around many factors including the Webelos requirements, but most importantly FUN, so these documents may change slightly leading up to the summer of 2017.

We are already spending countless hours getting ready for your arrival next summer to give you the absolute best camping experience that you can have.

Please let us know if you have any questions at all!

And always remember.... ROSS IS BOSS!

Yours in Scouting,

Matt Hanson

Camp Director – Camp Ross

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Basic Rules of Camp Ross

1. General Rules:

- a. Buddy System – scouts are required to have a buddy at all times.
- b. Running in camp – no one is allowed to run in camp, even during emergencies, as it is unsafe to do so because of the number of rocks and tree roots sticking out of the ground.
- c. Anyone entering or leaving Camp Ross, must sign In/out. If you are scheduled for a group hike outside of camp you do not need to sign out as long as you are staying on Goshen property.
- d. No smoking around scouts. The designated smoking area is located at the Water Tower on the far end of the parking lot.
- e. Report all injuries immediately to the first aider.
- f. Please be on time for all flag ceremonies (7:50am, 8:15pm) and make sure your scouts show proper respect for the flag. Only need Field Uniform (Class A) during evening flags
- g. Please stay on the designated trails.

2. Shoes in Camp

- a. Only hard soled, closed toe shoes are permitted in camp.
- b. Soft sole, open toed shoes such as sandals, flip flops, and aqua socks are only permitted at the waterfront or showerhouse. However, you must travel in your normal camp shoes.

3. Shower house

- a. BSA policy prohibits adults from showering with scouts, please supervise from outside. This policy includes parents/legal guardians without a legitimate medical need. Please see the Camp Director with any questions or concerns. Supervise from outside.
- b. The shower house is used by the entire camp, please be courteous and clean up after yourself when using the shower house

4. Dining Hall Rules

- a. Meal Times
 - i. 7:50am - Breakfast (follows flag raising at 7:50am)
 - ii. 12:00-2:00pm – Lunch (Pick up in between those times)
 - iii. 6:00-6:45pm – Dinner (flag lowering at 8:15pm)
- b. Take care of washing hands and restroom breaks **before** the meal, not as we start or during
- c. Try to reduce the amount of moving around during meals to a minimum.

5. Program

- a. Do not arrive early for a program session. The extra time between sessions allows our staff a short break and time to prepare for the next session.
- b. Do not enter a program area if it is closed.
- c. Do not cut through a program area (Scoutcraft/QUEST)
- d. Use buddy tags for every aquatics activity. After your swim check, they should not leave the peg board. Adult Leaders please be sure that all scouts have removed their buddy tags from the inside buddy board and are accounted for before leaving the area.

CAMP ROSS

Emergency Procedures

-Weather

- During most bad weather campers will stay in their individual sites.
- Remain in their sites during bad weather unless told differently by staff.
- During periods of extreme weather or tornados the Air raid siren will be sounded and all campers should report to the Dining Hall, and then await further instructions from the staff.

-Lost Scout/Leader

- When a scout or leader is assumed to be lost a leader should:
 - First check their tent and other tents and the immediate surrounding area
 - If the person is not found report to admin with:
 - The person's name and description
 - What they were last seen wearing
 - Their favorite program area
 - Any other descriptors
- Upon report, a normal day will continue and a staff search crew will depart from admin to search the whole camp
- If after 1 hour the scout is not found the air raid siren will be sounded and all campers and staff should report to the parade field

-Intruder

- Adult leaders should be wearing a colored wristbands provided by the camp
- If you notice an adult not wearing one, especially near the outer areas of camp, you should report this to admin staff immediately
- You should not approach the person if you are not 100% comfortable with the situation, unless a scout could be in danger

-LBD's

- The LBD alarm will be signified by three blows of the air horn, three times
- Upon hearing this all areas immediately close and all campers stay in the area where the schedule says they are supposed to be
- The all clear will be indicated by 3 long blasts of the airhorn

Fire

- All uncontrolled fires should be reported to admin staff immediately; even after it is put out a report still should be made to admin staff
- Upon a forest or wild fire the air raid siren will be sounded
- All campers and staff should report immediately to the parade field where the commissioner will take attendance
- From there, STAFF ONLY will depart with fire equipment to try and control the fire

AIR RAID SIREN = GO TO PARADE FIELD

Camp Ross Cub Scout Program Advancement Checklist

This serves as a list of requirements that you can achieve while at Camp Ross. Some of these are offered as full staff-taught classes while some are not offered as classes or taught by staff they are just simple things you can do in your free time around camp.

___ Adventures In Science Do 1-3

___ 3f) Study night sky. Sketch appearance of North Star & Big Dipper over at least 6 hours. Describe observations, & explain what they mean.

___ Aquanaut: Do 1-6

___ 1) State safety precautions to take before water activities

___ 2) Recognize purpose & the 3 classifications of swimming ability groups in Scouting

___ 3) Discuss importance of learning skills needed prior to boating

___ 4) Explain "order of rescue, & demo reach & throw techniques

___ 5) Attempt BSA swimmer test

___ 6) Do two of following

- a) Demo precautions of head first dive; *attempt front surface dive*
- b) Learn/Demo two of : crawl, sidestroke, breaststroke, trudgen
- c) Invite a member of lifeguard team to den, learn what other training/exp they have had.
- d) Properly fasten appropriate PFD, jump into water over head; swim 25 ft; remove and store
- e) If qualified swimmer, select properly sized paddle & canoe w/ adult's supervision

___ Build It Do 1-5

___ 1) Learn about basic tools & their proper uses. Understand need for safety when using tools

___ 2) w/adult guidance select carpentry project & build it

___ 3) List tools to use safely to build project; create list of materials needed

___ 4) Check off each tool on list used for first time

___ Build My Own Hero Do 1-6

___ 5) Learn about a Scout Hero

___ Building a Better World** Do 1-10

___ 1) Explain history of US flag. Show how to display in public; help lead a flag ceremony

___ 2) Learn & describe rights/duties as a citizen, & explain what it means to be loyal to your country

___ 8) w/adult help, participate in event that'll help lead others in recycling/conserving resources

___ 9) Show you're an active leader by planning an activity w/o den leader's help

___ Camper** Do 1-7

___ 2) Determine where to set up tent. Demo knowledge of good/bad tent sites. Set up tent w/o adult help

___ 3) Discuss actions to take in case of severe weather (Rainstorm causing flooding; thunderstorm w/lightning/tornadoes; Fire, earthquake, or other disaster). Discuss what you've done to minimize danger

___ 4) On campout plan campfire program w/dens/leaders. Include opening, songs, skits, Cubmaster's minute, & inspiration closing ceremony

___ 5) Show how to tie a bowline. Explain when/why to use this knot. Teach to another non-Webelos Scout.

___ 6) Go on geocaching adventure w/den. Show how you used GPS to locate a geocache

___ 7) Recite Outdoor Cod & LNT for Kids from memory. Talk about how to demo. Then while working on A.O.L. After one outing, list things you did to follow these guidelines.

___ Cast Iron Chef* Do 1-5

___ 1) Build, light, & extinguish a fire safely & properly.

___ 2) Keep a food journal for a week; try to meet personal nutrition goals

___ 4) Prepare a balanced meal for den; utilizing (e) an open campfire

___ 5) Demonstrate an understanding of food safety practices while preparing the meal

___ **Castaway** Do 1-2

___ 1) Do 2 of a-c:

- a) w/ adult supervision demo 1 way to light fire w/o matches
- b) Cook **2** dif. recipes w/o pots and pans

___ 2) Do **All** of a-h:

- a) Learn what should go in outdoor survival kit. Assemble your own & explain reasoning for items you choose
- b) Minimize electricity use for one week. Keep a log of what you did. Discuss how you adjusted your lifestyle
- c) w/den create game playable w/o electricity & minimal equipment
- d) Name game, write rules, & play on 2 dif. occasions
- e) Teach game to other Scouts
- g) Discuss what to do if lost in woods. Describe STOP acronym. State universal emergency signal. Describe 3 ways to signal for help. Demonstrate one of them. Describe what to do to help rescuers find you
- h) Make a list of 4 qualities a leader should have in emergency and why they're important to have. Pick 2 & act them out. Describe how they relate to Scout Law. Describe how Castaway has improved your understanding of Scout motto.

___ **Duty to God & You*** Do 1 or 2

___ 1) Earn religious emblem for your faith

___ 2) Complete at least 3 of 2a-2d:

- a) Plan, support, or *actively participate* in a service of worship/reflection. Be reverent.
- b) Review w/den what you learned about duty to God

c) Discuss w/ trusted adult how planning/participating in a service helps you live out duty to God.

d) List one thing that will bring you closer to doing duty to God, practice it for *one month*. Write down what you'll do each day to remind you

___ **Duty to God in Action**** Do 1 or 2

___ 1) Earn the religious emblem of your faith if you haven't already done so.

___ 2) Do 2a and any two of 2b-2e:

- a) w/adult, discuss/plan to do two things you think will help you better do your duty to God. Do these for *a month*.
- b) Discuss w/ family how Scout Oath & Law relate to your beliefs about duty to God
- c) For at least *a month* pray/meditate each day as taught by family/faith
- d) Read @ least 2 accounts of people in history who've done their duty to God. List names & how they showed their duty to God

___ **Earth Rocks!** Do 1-8

___ 1) Explain meaning of term "geology;" importance of this science as part of your world; share w/family/den what you learned about meaning of geology.

___ 2) Look for different kinds of rocks or minerals while on a rock hunt w/ family or den

___ 3) do 3a-3c:

- a) ID rocks seen on rock hunt. Use chart in handbook to determine which types of rocks you have
- b) W/a magnifying glass take a closer look at your collection. Determine difference btwn. specimens.
- c) Share findings w/family or den

___ 4) W/family or den, make a mineral test kit & test rocks according to the Mohs scale of mineral hardness. Record results in handbook

___ 5) W/Den identify on a road map of your state some geological features in your area

___ 6) Do 6a-6c:

- a) Identify some of geological building materials used in building your home
- b) ID some of geological materials used around your community
- c) Record the items you find

___ **Fix It** Do 1-4

___ 4) Do 8 of 4a-4u w/adult supervision:

- a) Show how to change a light bulb; determine the type of bulb you're replacing; learn how to dispose of a compact fluorescent bulb

___ **Into the Wild** Do 6 of 1-9

___ 1) Create/care for an "insect zoo." Study & release; share experience w/den. (DEN TIME)

___ 3) Watch for birds for one week. ID the birds you see, and write down where/when you saw them

___ 4) Learn about bird flyways closest to your home. Find out which birds use these flyways.

___ 5) Watch at least 4 wild creatures in the wild. Describe the kind of place where you saw them. Tell what they were doing

___ 6) ID an insect reptile, bird or wild animal that is only found in your area of the country. Tell why it survives in your area.

___ 7) Give examples of at least 2 of 7a-7c:

- a) Producer, consumer, decomposer in food chain of an ecosystem
- b) One way humans have changed balance of nature
- c) How you can help protect balance of nature

___ 8) Learn about aquatic ecosystems and wetlands in your area. Talk w/den or family about role they play in supporting the life cycles of wildlife & humans, & list 3 ways you can help.

___ 9) Do either 9a or 9b:

- a) Visit a nature center. Tell what you saw.

___ **Into the Woods** Do 1-7

___ 1) ID 3 dif. groups of trees and parts of a tree

___ 2) ID 6 trees common to the area where you live. Tell whether native to your area & how both wildlife and humans use them.

___ 3) ID 6 plants common to the area where you live. Tell which animals use them and for what purpose.

___ 4) Visit a nature center & speak w/someone knowledgeable about trees/plants native to your area. Explain importance of trees/plants to our ecosystem & how they improve environment.

___ 5) Develop a plan to care for & then plant at least one plant/tree, either indoors in a pot or outdoors. Tell how this plant or tree helps the environment in which it is planted and what the plant or tree will be used for.

___ 6) Make a list of items in your home that are made from wood & share it w/your den. Or w/your den take a walk and ID useful things made from wood.

___ 7) Explain how the growth rings of tree tell its life story. Describe dif. types of tree bark and explain what the bark does for the tree.

___ **Maestro** Do 1-3

___ 3) Do two of 3a-3e:

- a) Teach your den the words/melody of a song. Perform w/den @ den/pack meeting
- b) Create original words for a song. Perform...
- c) Collaborate w/den to compose a theme song. Perform...
- e) Perform a musical number by yourself or w/your den in front of an audience

___ **Scouting Adventure**** Do all of 1-6

___ 1) Prepare to become a Boy Scout by:

- a) Repeating from memory the Scout Oath, Law, Motto, & Slogan. Explain their meaning in your own words
- b) Explain Scout Spirit. Describe how you've shown Scout spirit by practicing the Oath/Law/Motto/Slogan.
- c) Give the Boy Scout sign, salute, and handshake. Explain when to use these.

- d) Describe the 1st Class Scout badge, and tell what each part stands for. Explain the sig. of this badge.
- e) Repeat from memory the Outdoor Code. In own words, explain what it means to you.

__5) Do the following:

- a) Show how to tie a square knot, two half hitches, and a taut-line hitch. Explain how each knot is used.
- b) Show the proper care of a rope by learning how to whip and fuse the ends of dif. kinds of rope

__6) Demo. Knowledge of knife safety rules and pledge. Earn Whittling Chip if you haven't already done so.

__**Sportsman** Do 1-4

__4) Do 4a-4c:

- a) Explain what good sportsmanship means
- b) Role-play a situation that demos. Good sportsmanship
- c) Give an example of a time when you experienced or saw a display of good sportsmanship

__**Webelos Walkabout*** Do 1-8

__1) Create a hike plan

__2) Assemble a hiking first-aid kit.

__3) Describe/ID any poisonous plants and dangerous animals/insects you might encounter on your hike

__4) Before (*during*) your hike, plan/prepare a nutritious lunch. Enjoy it on your hike & clean up afterward.

__5) Recite the Outdoor Code and LNT Principles for Kids from memory. Talk about how you can demonstrate them on your Webelos adventures

__6) W/den hike 3 miles

__7) Complete a service project on or *near* the hike location

__8) Perform a leadership role during hike (trail leader, 1st aider, lunch leader, or service project leader) [large dens can trade off throughout hike]

Checklist for Program Requests

We provide you with an activities schedule for Monday and Tuesday and you create your own schedule for Wednesday-Friday. This checklist will be used when creating your Wed-Friday schedules to help you best choose activities for your group.

_____ Hike to Viewing Rock and or Swimming Hole.

_____ Swimming – Only 2 sessions - One morning and one afternoon.
Remember *Aquanaut* is the only program offered on Wednesday morning.

_____ Boating - No more than two sessions, one for funoos/kayaks and one for rowboats. Please specify the number of swimmers when signing up for funoos/kayaks.

_____ Only One BB session (per day).

_____ Only One Archery session (per day).

_____ Only One Team Work Challenge, session (per day).

_____ Showers - If you had showers Monday then schedule for Wed and Fri morn.
If you had showers Tuesday then schedule for Thursday.
Remember you can go to the Trading Post when done with showers

_____ Service Projects - Please coordinate a time for this with your Facilities Director to make sure everything is available.



Program Area	Activity Options
Aquatics	Free Swim - Specify number participating in instructional and Aquanaut in the morning
Boating	Rowboats, Funoos (specify #)
BB	Instructional Shoot, BB's Badge
Archery	Instructional Shoot, Archery Badge
Nature	Into the Woods, Into the Wild, Earth Rocks
Handicraft	Leather Projects, Gimp projects, Tie Dye, Painting, Service Projects
Scoutcraft	Knots, Teamwork Challenge, Fire Building, Whitlin' Chit , Pioneering, Cobbler Making, Monkey Bridge



CAMP ROSS DIAMOND "W" AWARD

PACK # _____ SITE # _____

FACILITIES DIRECTOR: _____

COMPLETE ALL OF THE REQUIREMENTS BELOW AND BRING TO THE PROGRAM OFFICE **FRIDAY** BY LUNCH.

 -INSPECTION SCORE: WEEKLY AVERAGE OF **25** OR GREATER

☐

-HIKE: TO VIEWING ROCK, SWIMMING HOLE, A BOY SCOUT CAMP, OR 2 MILES AROUND ROSS

☐

-LEARN THE OUTDOOR CODE: SEE THE NATURE STAFF FOR GUIDANCE

☐

-SERVICE PROJECT: DEVOTE 1 HOUR TOWARD THE CAMP. SEE FACILITIES STAFF FOR IDEAS.

☐

SITE HEALTH AND SAFETY INSPECTION

CRITERIA	VALUE	M	TU	W	TH
LITTER	5				
NEATNESS OF TENTS	5				
LATRINE & WASHRACK	5				
FIREGUARD	5				
SAFETY	10				
TOTAL	30				
			WEEK AVERAGE		

Litter: In and Around Tents

Tents: No Lines On Trees lower than 6 feet; floors swept clean, gear stored Neatly and Safely

Latrine: Seats Clean; Floor swept; Lid Down; no litter

Washracks: Clean; Faucets turned off

Fireguard: Fire Chart Posted; Fire Barrel Full; No unattended Fires in site

Safety: Safe Conduct In Camp.

Camp Ross
Webelos Adventure Award

Do the Following:

- _____ Earn the Diamond "W" Award
- _____ Participate in a hike outside of Camp Ross (Viewing Rock, Swimming Hole, Bowman Tour) and do the Ross is Boss cheer at wherever you hike to.
- _____ Have a pack cheer (Do it at least 3 times a day)
- _____ Yell "Ross Is Boss" at least once per day (loud, louder, loudest)
- _____ Have FUN in camp
- _____ Tell your adult leaders THANK YOU at the end of the week for brining you to Camp Ross

Do Seven of the Following:

- _____ Help set-up or clean-up a meal in the Dining Hall (Waiter Den)
- _____ Read the Walter G. Ross plaque outside the front of the Admin Building
- _____ A Scout is Reverent. Participate in one service during the week (Monday at 7pm at Ross)
- _____ Have a campfire in your site with songs, skits, and cheers
- _____ Visit the Memorial Trading Post, and see the view of the lake, while on Camp Post hill do the Ross is Boss Cheer
- _____ Do a Good Turn Daily. Have each scout pick up a piece of trash they find on the ground each day and throw it away.
- _____ During the week talk to other scouts in other packs and try to find somebody with the same first name. If you find somebody, tell them about yourself and have them do the same! (In the event of a unique name or not finding a match scouts can talk to any scout from another Pack)
- _____ Go fishing!
- _____ A Scout must always be aware of his surroundings. While on hikes, identify animals, birds, rocks, and trees
- _____ Participate in a flag raising or lowering ceremony
- _____ Tell your favorite Staff Member why they are soooooo Awesome!
- _____ Take a tour at a Boy Scout camp at Goshen Scout Reservation
- _____ Sign up in advance (in your head) for Camp Ross next summer

Please turn in this form FRIDAY by Lunch to the Program Office.